

# Thurrock Health Services Over Spring Bank Holiday 2019

## Pharmacy Opening Times

### Spring Bank Holiday - 27 May 2019

Location	Pharmacy	Address	Time
Chafford Hundred	Lloyds Pharmacy	Sainsbury's, Burghley Road, RM16 6QQ	9am - 5pm
Corringham	Allcures Pharmacy	19 Lampits Hill, SS17 9AA	9am - 7pm
Corringham	Boots Pharmacy	83 St. Johns Way, SS17 7NA	10am - 4pm
Grays	Boots Pharmacy	35-43 High Street, RM17 6LU	10am - 4pm
Grays	Vision Pharmacy	11 Crammavill Street, Stifford Clays, RM16 2AP	10am - 4pm
Tilbury	Asda Pharmacy	Thurrock Park Way, RM18 7HJ	9am - 6pm
West Thurrock	Boots Pharmacy	74/75 Lakeside Shopping Centre, RM20 2ZG	10am - 9pm
West Thurrock	Boots Pharmacy	Unit 1B, The Junction Retail Park, Western Avenue, RM20 3LP	9am - 6pm
West Thurrock	Tesco Pharmacy	Cygnets View, Lakeside Estate, RM20 1TX	12pm - 4pm

## Orsett Minor Injuries Unit

Opening times: 10am – 7.30pm, seven days a week

X-ray services will be open Saturday 25 - Monday 27 May from 9am - 5pm.

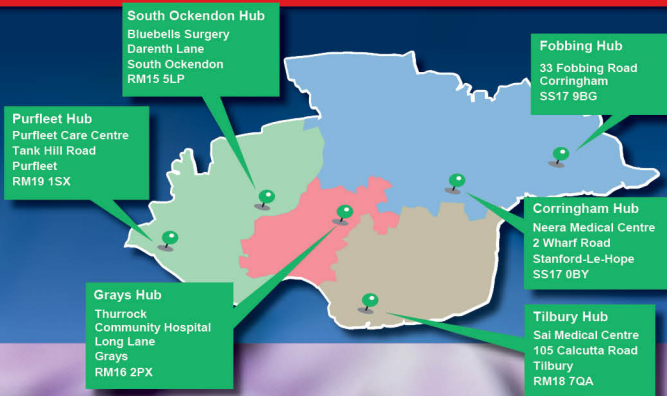
**GP at Orsett Minor Injuries Unit - Urgent GP appointments for Thurrock patients**

Usual opening hours on Saturday and Sunday (25 and 26) and open from 11am to 3pm on Bank Holiday Monday (27 May 2019)



Address: Rowley Road, Orsett, Essex, RM16 3EU  
Telephone: 0300 300 1527

## See a GP or Nurse at the Thurrock Health Hubs



### Opening times

The hubs will be open as normal on Saturday 25 and Sunday 26 May.

The opening times for bank holiday Monday (27) will be 9am to 11am

To book an appointment, call your GP practice.

## Need Health and Social Care Advice?

Thurrock First is a phone service for over 18s in Thurrock who want advice on social care, mental health or community health.

Phone 01375 511000

[thurrock.gov.uk/thurrockfirst](http://thurrock.gov.uk/thurrockfirst)



## Feeling Low and Need Help?

**Samaritans** operates a 24 hour telephone service offering support to anyone in distress: 116 123

**Inclusion Thurrock** offers a range of non-urgent talking therapies for adults. For more information visit: [inclusionthurrock.org](http://inclusionthurrock.org)

**For children's mental health services:**

Call 0300 300 1600 (9am-5pm, Monday – Friday) or 0300 555 1201 at any other time.

Available 24/7 and free to call or visit online

For urgent medical advice and support that's not an emergency

CALL  
**111**

A co-ordinating service for people with palliative care needs or needing care at end of life.



Support Assessment & Advice Service

One Call One Response  
**01268 526 259**